

Think Teen!

3rd Grade of Junior High School

WORKBOOK

Τόμος 4ος

ΣΤΟΙΧΕΙΑ ΑΡΧΙΚΗΣ ΕΚΔΟΣΗΣ

ΣΥΓΓΡΑΦΕΑΣ

Patrick Mc Gavigan

ΚΡΙΤΕΣ-ΑΞΙΟΛΟΓΗΤΕΣ

Μαρία Σεπυργιώτη,

Εκπαιδευτικός

Στεργία Δαφοπούλου -

Μπαλτιράνη, Εκπαιδευτικός

Γεώργιος Σαββόπουλος,

Εκπαιδευτικός

ΕΙΚΟΝΟΓΡΑΦΗΣΗ

Θεόδωρος Πιακής,

Σκιτσογράφος-Εικονογράφος

ΦΙΛΟΛΟΓΙΚΗ ΕΠΙΜΕΛΕΙΑ

Γεώργιος Τζανετάτος,

Εκπαιδευτικός

ΥΠΕΥΘΥΝΟΣ ΤΟΥ ΜΑΘΗΜΑΤΟΣ
ΚΑΙ ΤΟΥ ΥΠΟΕΡΓΟΥ
ΚΑΤΑ ΤΗ ΣΥΓΓΡΑΦΗ

**Ιωσήφ Ε. Χρυσόχοος, Πάρεδρος
ε.θ. του Παιδαγωγικού
Ινστιτούτου**

ΠΡΟΕΚΤΥΠΩΤΙΚΕΣ
ΕΡΓΑΣΙΕΣ

Αφοί Ν. Παππά & Σία Α.Ε.Β.Ε.

Γ' Κ.Π.Σ. / ΕΠΕΑΕΚ ΙΙ
Ενέργεια 2.2.1 /
Κατηγορία Πράξεων 2.2.1.α:
«Αναμόρφωση των
προγραμμάτων σπουδών και
συγγραφή νέων εκπαιδευτικών
πακέτων»

ΠΑΙΔΑΓΩΓΙΚΟ ΙΝΣΤΙΤΟΥΤΟ
Δημήτριος Γ. Βλάχος
Ομότιμος Καθηγητής Α.Π.Θ.
Πρόεδρος του Παιδαγωγικού
Ινστιτούτου

Πράξη με τίτλο:
«Συγγραφή νέων βιβλίων και
παραγωγή υποστηρικτικού
εκπαιδευτικού υλικού με βάση
το ΔΕΠΠΣ και τα ΑΠΣ
για το Γυμνάσιο»

**Επιστημονικοί Υπεύθυνοι Έργου
Αντώνιος Σ. Μπομπέτσης
Σύμβουλος του Παιδαγωγικού
Ινστιτούτου
Γεώργιος Κ. Παληός
Σύμβουλος του Παιδαγωγικού
Ινστιτούτου**

**Αναπληρωτές Επιστημονικοί
Υπεύθυνοι Έργου
Ιγνάτιος Ε. Χατζηευστρατίου
Μόνιμος Πάρεδρος
του Παιδαγωγικού Ινστιτούτου
Γεώργιος Χαρ. Πολύζος
Πάρεδρος ε.θ. του Παιδαγωγικού
Ινστιτούτου**

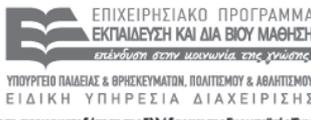
**Έργο συγχρηματοδοτούμενο 75%
από το Ευρωπαϊκό Κοινωνικό
Ταμείο και 25% από εθνικούς
πόρους.**

ΣΤΟΙΧΕΙΑ ΕΠΑΝΕΚΔΟΣΗΣ

Η επανέκδοση του παρόντος βιβλίου πραγματοποιήθηκε από το Ινστιτούτο Τεχνολογίας Υπολογιστών & Εκδόσεων «Διόφαντος» μέσω ψηφιακής μακέτας, η οποία δημιουργήθηκε με χρηματοδότηση από το ΕΣΠΑ / ΕΠ «Εκπαίδευση & Διά Βίου Μάθηση» / Πράξη «ΣΤΗΡΙΖΩ».



Ευρωπαϊκή Ένωση
Ευρωπαϊκό Κοινωνικό Ταμείο



ΕΠΙΧΕΙΡΗΣΙΑΚΟ ΠΡΟΓΡΑΜΜΑ
ΕΚΠΑΙΔΕΥΣΗ ΚΑΙ ΔΙΑ ΒΙΟΥ ΜΑΘΗΣΗ
επένδυση στην κοινωνία της γνώσης
ΥΠΟΥΡΓΕΙΟ ΠΑΙΔΕΙΑΣ & ΘΡΗΣΚΕΥΜΑΤΩΝ, ΠΟΛΙΤΙΣΜΟΥ & ΑΘΛΗΤΙΣΜΟΥ
ΕΙΔΙΚΗ ΥΠΗΡΕΣΙΑ ΔΙΑΧΕΙΡΙΣΗΣ
Με τη συγχρηματοδότηση της Ελλάδας και της Ευρωπαϊκής Ένωσης



ΕΣΠΑ
2007-2013
Πρόγραμμα για την ανάπτυξη
ΕΥΡΩΠΑΪΚΟ ΚΟΙΝΩΝΙΚΟ ΤΑΜΕΙΟ

Οι διορθώσεις πραγματοποιήθηκαν κατόπιν έγκρισης του Δ.Σ. του Ινστιτούτου Εκπαιδευτικής Πολιτικής

Η αξιολόγηση, η κρίση των προσαρμογών και η επιστημονική επιμέλεια του προσαρμοσμένου βιβλίου πραγματοποιείται από τη Μονάδα Ειδικής Αγωγής του Ινστιτούτου Εκπαιδευτικής Πολιτικής.

Η προσαρμογή του βιβλίου για μαθητές με μειωμένη όραση από το ΙΤΥΕ – ΔΙΟΦΑΝΤΟΣ πραγματοποιείται με βάση τις προδιαγραφές που έχουν αναπτυχθεί από ειδικούς εμπειρογνώμονες για το ΙΕΠ.

**ΠΡΟΣΑΡΜΟΓΗ ΤΟΥ ΒΙΒΛΙΟΥ
ΓΙΑ ΜΑΘΗΤΕΣ
ΜΕ ΜΕΙΩΜΕΝΗ ΟΡΑΣΗ**

ΙΤΥΕ - ΔΙΟΦΑΝΤΟΣ



**ΥΠΟΥΡΓΕΙΟ ΠΑΙΔΕΙΑΣ, ΕΡΕΥΝΑΣ
ΚΑΙ ΘΡΗΣΚΕΥΜΑΤΩΝ**

**ΙΝΣΤΙΤΟΥΤΟ ΕΚΠΑΙΔΕΥΤΙΚΗΣ
ΠΟΛΙΤΙΚΗΣ**

Patrick Mc Gavigan

**ΑΝΑΔΟΧΟΣ Μιχαήλ Λεβής Α.Ε.
ΣΥΓΓΡΑΦΗΣ  Linguaphone**

**Η συγγραφή και η επιστημονική
επιμέλεια του βιβλίου
πραγματοποιήθηκε υπό την αιγίδα
του Παιδαγωγικού Ινστιτούτου**

**3rd Grade of Junior High
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Workbook**

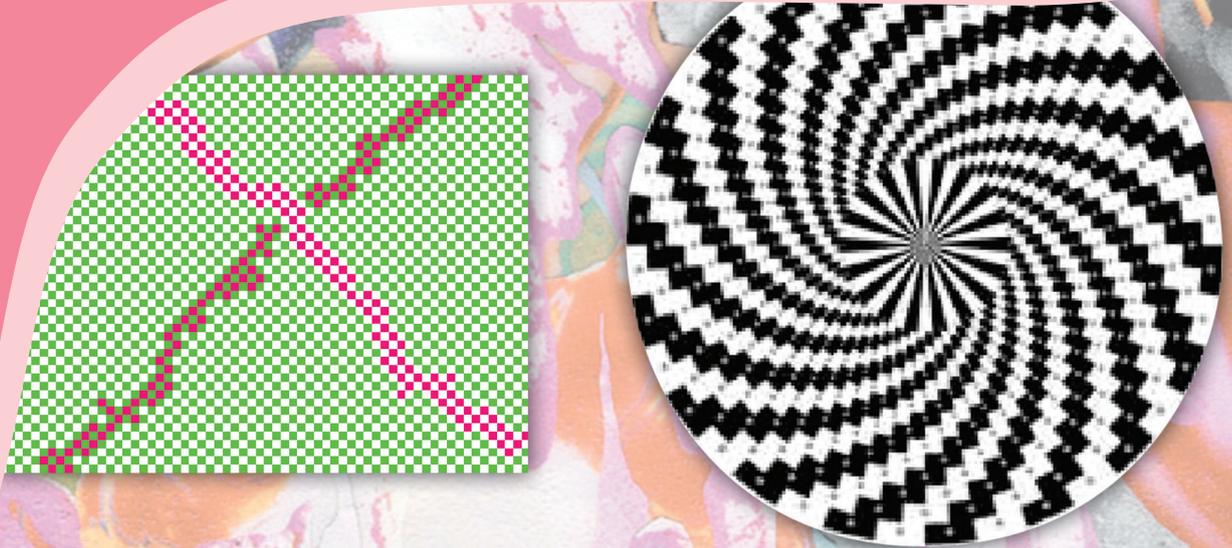
Τόμος 4ος

Ι.Τ.Υ.Ε. «ΔΙΟΦΑΝΤΟΣ»



UNIT 7

Shades of meaning!



UNIT 7

Activity 1

A. The words in the box are from the Unit. Put them into the correct columns

influence

airy

recognize

classy

mixture

colorants

primary

exploit

upbeat

balance

cosy

festival

judge

individuality

trigger

Nouns

Adjectives

Verbs

B. Complete the sentences with a word from activity A.

a) To make green, you need a
..... of red and blue.

b) The Holi is held
every year in India.

- c) We didn't you with all that make-up on your face!**
- d) During the carnival everyone feels excited and**
- e) It is necessary to get a of colours when you decorate a room.**
- f) The reason for the celebration is religious.**
- g) Red and beige can make a room feel warm and**
- h) People sometimes others by the colour of clothes they wear.**
- i) It is wrong to people by making them work hard and paying them little money.**



Activity 2A

Make nouns with the following endings for the words in the list.

-ation

- th

warm

important

expect

-ion

- /sm

depress

inspire

deep

- ance

-ness

optimist

enthuse

calm

Activity 2B

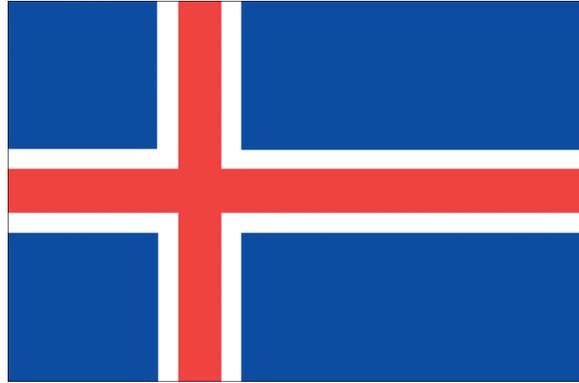
Using each of the nouns from the list in activity A, write a sentence to use each.



Activity 3A

Flags and symbolism
Iceland is a country with ice, volcanoes and mountains. What do you think the flag colours

symbolise? Write your answer on the lines provided.



blue



red



white



Activity 3B

Which countries do these flags belong to? Read the texts to help you work out which country each flag represents.



a.



b.



c.



d.

- i) Green is representative of the Catholic community while the orange represents the Protestant Community. The white in the centre signifies a lasting truce between the two cultures.**
- ii) A religious interpretation is that the green represents hope, the white represents faith and the red represents charity.**
- iii) The blue represents the sky and the two oceans that surround the country, the green symbolises the farms and natural environment that are an essential part of the country, the yellow stands for the natural resources, particularly gold, the black**

represents the black people in the country, doubling as a symbol of belonging with the rest of the continent, and the white represents white people, doubling as a symbol of peace.

iv) The colour red refers to the period before the Revolution which brought a group of army officers to power after deposing King Farouk, the King. This was a period characterized by the struggle against the British occupation of the country. The white symbolizes the start of the 1952 Revolution which ended the monarchy without bloodshed. The colour black symbolizes the end of the oppression of the people at

the hands of the Monarchy and British colonialism.



Activity 3C

Look at the Greek flag and write a description of what the colours symbolize.



A large yellow rectangular area with a scalloped top edge, containing eight horizontal dotted lines for writing.

Activity 4

Complete the following sentences with a word from Unit 7.

- a) John likes to wear red T-shirts to show how he is.
- b) Sometimes Maria puts on her pink woollen sweater to show how she is.
- c) You would think she was in her long purple dress!
- d) We choose a green poster for our project.
- e) He looks very and businesslike in his gray suit.
- f) Black shows how dramatic and she is.
- g) Yellow creates an atmosphere of



Activity 5

Idioms with colours:

a) It was a total waste of time

- The whole thing was a

.....

b) To be very frightened

- She was after her
ride on the big dipper.

c) To be very angry

- George when his
sister broke his mobile.

d) Happen unexpectedly
- Maria's invitation came.....
We were surprised

e) Happen rarely
- We only go to the theatre
.....

f) Succeed easily in something
- Alex passed his exams
.....

g) To be very jealous
- When her classmate won
the award, Diana was
.....

h) To be very embarrassed
- When she was asked to sing
in front of the group, Nora felt
.....

i) to be discovered doing something

- The teacher saw Sally writing her name on the illegally wall and was



Activity 6

Find these phrases in Reading 2, p. 23 - 27 / 77 (Τόμος 4ος) in your Student's Book and use them to complete the following short dialogues.

- a) on the go**
- b) get you going**
- c) have a go**
- d) all the go**
- e) goes on**

- i) It's difficult to know what behind the scenes in food factories.**
- ii) Have a hot drink of dark brown chocolate to in the morning.**

- iii) Mum is always
and never seems to have time
to rest.
- iv) Dad won't let me
at painting my room by myself.
- v) Bright green is
in T-shirts these days and
everyone has one.



Activity 7

Vain York gave in Richard battle of

- b) Re-arrange each word to form a rhyme to remember the colours of the rainbow.**

- c) Write down the rhyme you use to remember the colours of the spectrum.**



RAINBOW PRINCIPLES

Respect the importance of all beings.

Offer fair and kind treatment to all.

Yearn to learn throughout life.

**Grow by exploring ideas
and values together.**

**Believe in your ideas
and act on them.**

**Insist on peace, freedom
and justice for all.**

**Value our interdependence
with nature.**

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Activity 8

A. Before you read the article that follows think about how colour affects our psychology and mood and complete the chart.

a) fear _____

b) love _____

c) jealousy _____

d) death _____

e) sadness _____

g) anger _____

B. Read the short article to check your answers.

THE PSYCHOLOGY OF COLOUR

The profound effect colour has on our moods, emotions, and behaviour is reflected in the sayings that pepper our everyday language. We unconsciously resort to these to describe how we are feeling or to explain our reaction to something. Using colours that everyone can relate to in these sayings makes them an extremely effective form of communication.

Purple prose

“Purple prose” describes flowery language, in which the writer gets carried away.



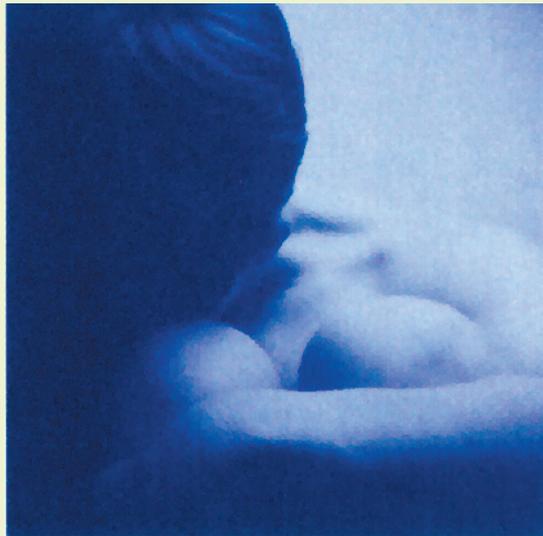
Green with envy

To be “green with jealousy or envy” is to be emotionally out of balance - green is the colour that holds the balance between the warm or red end of the colour spectrum and the cool or blue end.



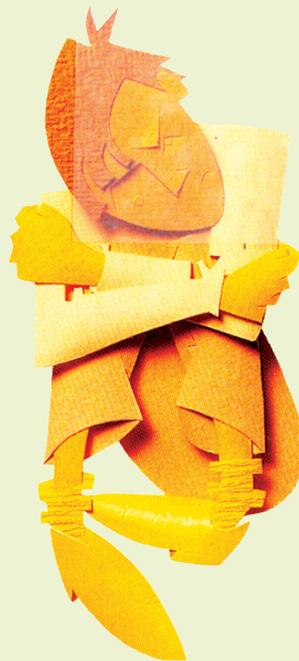
Seeing red

When we say “see red” or “it was like a red rag to a bull”, we are describing a response that is invariably immediate and involves anger or aggression. This is something that is very deeply ingrained in us. If our ancestors had not met the threat of danger with the will to fight or the strength and speed to run away - the so-called “fight or flight” response - we would not have evolved to the present day.



The blues

When we say we have “the blues”, we are communicating that we are in solitary, introverted mode.



Yellow-bellied

“Yellow” or “yellow-bellied” is often used to describe a coward, someone who will not move to defend himself or someone else.



Black dog

A “colourful character” is someone who has lived a full and interesting life; “colourful language” often includes words of the four-letter variety into which a lot of physical energy is usually put. By contrast,

we talk about the “black dog” of depression, using black to describe a world from which all colour, or life, seems to have disappeared.

Activity 9 - Mediation

Art therapy



Art therapy

Improving the quality of life for those with mental health problems is an important part of the council's work. As well as traditional help, our mental health day services give those who have a diagnosed illness the opportunity to try activities such as learning computer skills, photography, creative writing and art. Photos JEMMA ALLET

David is an artist who enjoys painting colourful houses and coconut trees. He proudly displays his many pieces of work which he hopes will be used for an exhibition one day.

David attends a special art session every Tuesday morning in Harlesden Library, run by Charles Molloy. The group, which takes referrals from Brent Mental Health Services, aims to help people improve their mental wellbeing through art.

Some of the group have long-term mental health problems, while others have struggled to hold down jobs. Their problems differ massively, but by taking part in these regular sessions it is hoped they will all grow in confidence, self-esteem and practical life skills. Recent research shows that creative activity, such as art, can help with recovery from mental illness.

David has been coming to the group for a year. He said: "I really enjoy doing art and looking at what other people paint. I look forward to coming to the group each week. Charles is a great teacher and really helps me."

It can often be difficult for people with mental health problems to find a chance to use their talents. Having the courage to be creative, with the right support and encouragement, is a great step forward for David.

Charles said: "Hopefully the people in this group are developing their own talents while receiving encouragement. It gives them the chance to feel what they do is valued while interacting with others stops them being so isolated."

The group, which launched in 1998, runs thanks to funding from Brent Council. It used to meet in the African and Caribbean Resource Centre, but recently moved into one of the library's study rooms to make use of the facilities on offer.

Some of the other artists in the group, like Evie, use library books to help them get creative. She painstakingly draws delicate flowers after seeing a similar image in a nature book.

Martin, another regular, prefers to work on the computer. With Charles' help he creates bold and colourful portraits. His creations were used on a recent World Mental Health Day poster.

Brent Mental Health Services also works with sports services, local colleges and agencies such as Brent in2 Work, Brent Work Directions and Brent Volunteer Centre, to help those with mental health problems.

To view the group's art work log onto www.charlesmolloy.com/harlesden

"It gives them the chance to feel what they do is valued, while interacting with others stops them being so isolated."

David (left) and Charles Molloy

JANUARY 2018 THE BRENT MAGAZINE 19

An English-speaking friend of your parents has heard about Art

32 / 73 - 74

Therapy and wants to know more about it. Read the Greek text and then write a short description of what Art Therapy is.

Art therapy



Art Therapy

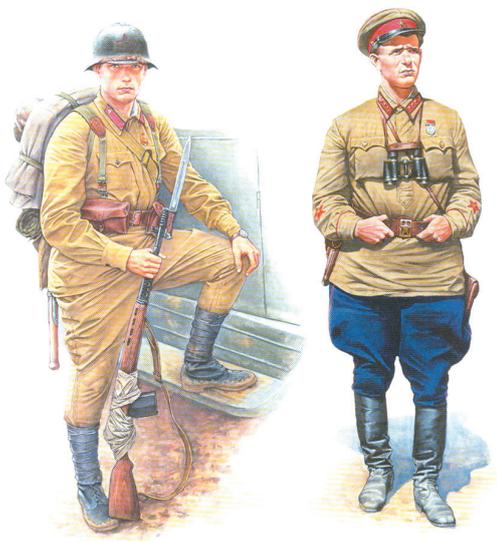
Πριν ακόμη αρχίσει ο άνθρωπος να μιλάει, ζωγράφιζε. Χάραζε σύμβολα στα τοιχώματα των σπηλαίων για να ξορκίσει τους φόβους του, να εκδηλώσει την χαρά του, να πάρει δύναμη. Σήμερα ο άνθρωπος εκφράζεται με πολύ περισσότερα

μέσα και αυτό τον έχει απομακρύνει από τον πρωτόγονο τρόπο επικοινωνίας των συναισθημάτων του. Οι επιστήμονες όμως θεωρούν ότι αυτός ο τρόπος έκφρασης μπορεί να θεραπεύσει τους ανθρώπους, απελευθερώνοντας τα συναισθήματα, που οι ίδιοι μπλοκάρουν. Έχουν δημιουργηθεί πολλά κέντρα Art Therapy ανά τον κόσμο και στην Ελλάδα. Ένα τέτοιο κέντρο λειτουργεί στην Σκόπελο.

Activity 10

Fill in the chart with the colours you associate with each of the clothes.

business
school
army
police
hospitals
chef
martial arts



Activity 11

Same or different. Circle the correct word in italics in each sentence.

- a) Such a dark colour doesn't really inspire/reflect your true personality.
- b) What shade of blue do you ensure/suggest I use?
- c) That black tie doesn't match / suit your shirt.
- d) She uses pink to indicate/ express how she feels.
- e) Please tell/convey my best wishes to your parents.
- f) The colours in the Greek flag represent/ offer the blue of the sea and the white of the clouds.

g) We didn't understand/recognize you with your fake eyelashes and wig.



Activity 12

Match the letters with the numbers.

- a) We had a great time at the party.
- b) How is your grandfather's brother?
- c) What kind of work is she in?
- d) How long will you love him?
- e) Was the concert recorded?
- f) What do you like about him?
- g) When do they use make-up?

a) _____ b) _____ c) _____

d) _____ e) _____ f) _____

g) _____

- 1) In their everyday lives**
- 2) For life!**
- 3) Yes, it was lovely!**
- 4) No, it was live.**
- 5) She dances for a living**
- 6) Oh, he's alive and kicking!**
- 7) The fact that he lives in Chios**



Activity 13 - Adjectives

A. Match the right meaning to each of the adjectives.

light: sad

airy: difficult and mixed up

dynamic: open and free

complex: not dark

tense: energetic

homesick: not logical

ridiculous: anxious

B. Write a sentence to use each of the adjectives in the list



40 / 75

Activity 14 - Multi-word units

**as long as
a great deal
be aware of
in tune with
it's your business!
tell a great deal
think twice**

Use the expressions in the box to complete the sentences a- f.

**a) Whatever you do,
you needn't tell me.**

**b) The clothes we wear
_____ about us.**

- c) You should _____
before you decide to paint the
walls black.
- d) There was _____
of repainting going on in the
town in preparation for the
carnival.
- e) It's a good idea to keep
_____ the times and
know what the latest fashion is.
- f) Are you _____ the
danger of using that dye on your
hair?
- g) We can go the carnival in Patras
_____ I find a good
costume.



Activity 15

Complete each sentence by choosing the correct word in *italics*.

- a) We can/might dress up for the carnival but I am not so sure yet!
- b) If you want to, you might/could borrow my red jacket.
- c) It could/ can be a bad idea to use so much make-up on your face.

- d) You really might/should take care of your skin better.**
- e) It should/ would be better to ask your dad to help you paint the room**
- f) I think you could/should repaint your bike. It's very old looking.**
- g) Although you feel happy now, there should/might be times when you feel a bit low.**







UNIT 8

Food for thought



UNIT 1

Activity 1

Look at the picture. Find ten things you can eat in the word square.

s	u	v	e	g	e	t	a	b	l	e	s
g	a	r	t	i	c	h	p	k	e	h	k
d	r	u	i	g	a	r	p	i	c	e	f
c	u	h	b	t	h	o	l	i	v	e	s
b	u	w	h	e	a	t	e	p	l	n	y
p	o	t	a	t	o	e	s	d	d	e	b
c	d	h	u	b	b	g	r	a	p	e	u
f	s	d	g	m	y	h	c	s	a	r	t
r	e	c	n	l	b	e	a	n	s	t	t
u	l	n	e	t	r	e	k	j	e	v	e
i	e	a	c	r	i	c	e	i	e	s	r
t	a	t	u	r	d	a	y	n	o	w	s



A portrait by Giuseppe Arcimboldo

Activity 2

Look at the shopping trolley and the food that is being bought. What can you tell about the man who is buying this food. For example, does he have a dog? Does he like exercise?



1. CAT FOOD
2. BUTTER
3. POTATO CHIPS
4. CREAM
5. COKE
6. CHIPS
7. CAKE
8. CHOCOLATE
9. KETCHUP

Activity 3 - Reading



Read the text and choose the best caption.

- a) Being fooled by food
- b) Being fooled by advertisements
- c) Being cheated by Brand-names

Brand-name rip-off foods

The processed foods, the popular brand name foods, are the most expensive of all. These deliver the least nutrition for your money. If you buy anything in a pretty box, anything that's been processed, anything that's

been advertised on television or something that comes with a coupon, you have been conned. You're being ripped off. Most foods that have coupons are so overpriced to begin with that the food manufacturer is still making money even after you redeem the coupon. If you really want poor nutrition and want to waste a lot of money on foods that aren't doing anything for you health-wise, then buy all the groceries that are advertised. Buy all the stuff that other people around the world who don't know anything about health tend to buy.



Tony's
What you really want!

Activity 4

Identify the Passive voice

1. The cat was eating the fish when we arrived
2. A cake was bought for her birthday.
3. The cooker is cleaned once a week.
4. The cook is preparing lunch for the guests.
5. The dog was given a bone.
6. Irene lifted the sandwich
7. The toast was burnt so we didn't eat it.
8. The apples were eaten by the kids.
9. Junk food is known to be unhealthy.

10. Poor quality meat is used in many sausages.



Activity 5

Rewrite each of the statements in the Passive Voice like in the example.

You peel orange = The orange is peeled

You melt butter

You pour juice

You slice potatoes

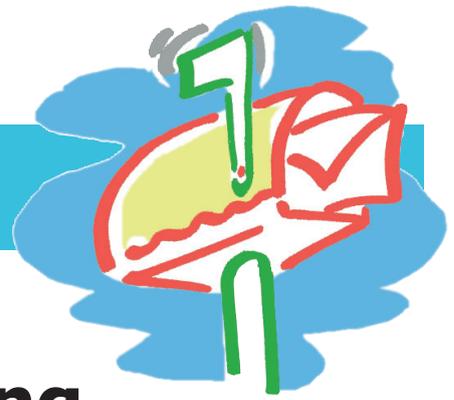
You stir sauce

You spread honey

You drain the water



Activity 6 - Grammar



Complete the following text by putting the verbs into the passive form and into the correct part of the text.

use

grow

boil

urge

open

sell

do

make

chew

believe

publish

report

frequent

discover

Coffee 1 _____ from the beans that grow in the fruits of the coffee plant. There are usually two beans in each fruit and the harvesting 2 _____ by hand. The word 'coffee' derives from the

Arabic 'qahwah', a word which
3 _____ originally for wine,
but which came to mean coffee.
Coffee beans used 4 _____
before it 5 _____ that
they 6 _____
in water to make a drink. Coffee
drinking began in Arab countries
in the 14th century and did not
become common in Europe
until the 17th century. In 1600
coffee 7 _____ by
some Christians to be the devil's
drink. In Italy, Pope Clement VIII
8 _____ by his advisers to
consider the favorite drink of the
Ottoman Empire to be part of the
infidel threat. However, he decided
to "baptize" it instead, making it an
acceptable Christian beverage. At
first, coffee 9 _____

by chemists, but it had little impact until the first coffee shop 10 _____ in 1652 and instructions about how to roast and grind the coffee 11 _____.

In 1657, the King tried to close coffee shops because they 12 _____ to be noisy. In 1668, Edward Lloyd's coffeehouse opened in London and 13 _____ by merchants and maritime insurance agents. Eventually it became Lloyd's of London, the best-known insurance company in the world. Coffee today 14 _____ and enjoyed worldwide, and is one of the few crops that small farmers in third-world countries can profitably export.



**SITE OF
LLOYDS
COFFEE HOUSE
1691 - 1785**

Activity 7

Underline and correct the mistake in each of these sentences.

- 1. About 13 billion hamburgers are eating by Americans every year.**
- 2. The first hamburger was been served in 1895.**

3. Five thousand fast food restaurants were opening in the last ten months.
4. The first cheeseburger was being eaten in 1896.
5. Vegetable meat is using in many fast food products.
6. The new restaurant will open by the Mayor.



Activity 8

Re-write the following three sentences in the passive voice. Compare your answers with your partner.

i) People use wheat for many kinds of food.

ii) They produce olive oil in Crete.

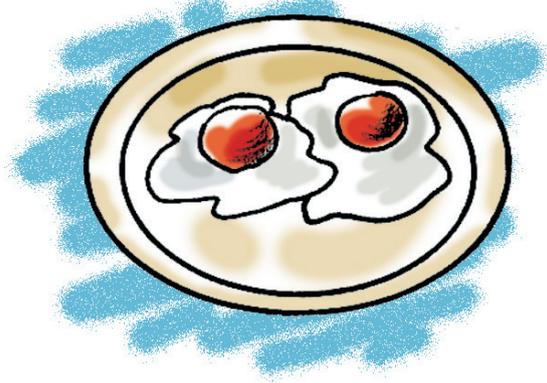
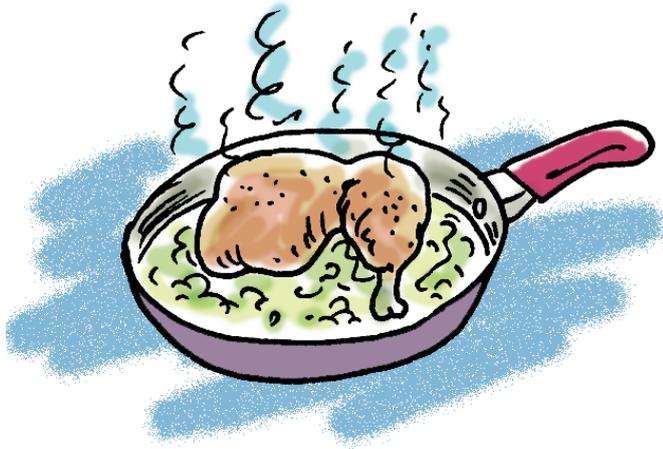
iii) Rice fields cover most of the country.

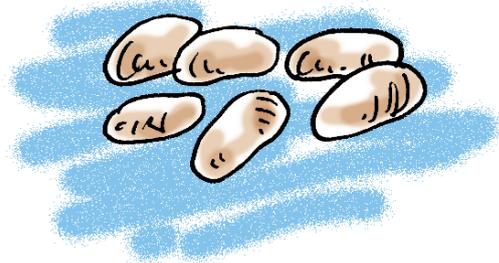
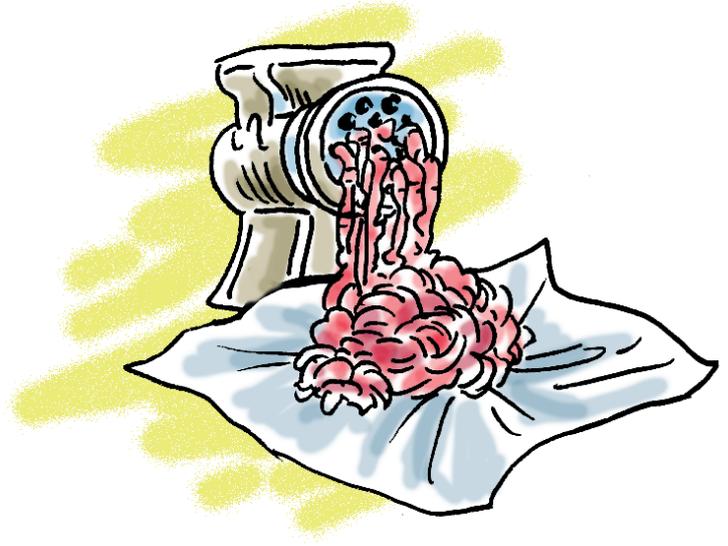
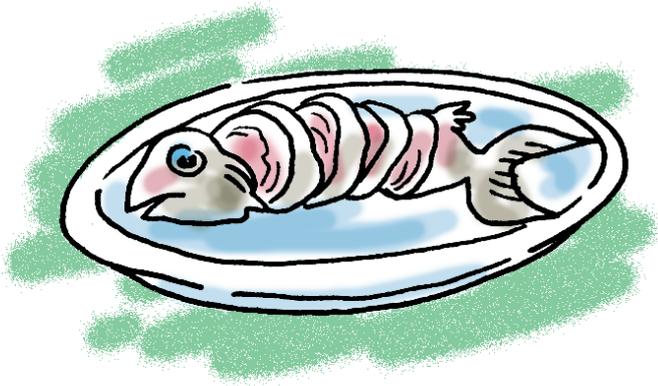


Activity 9

Describe in your notebook what you can see in the pictures.

Example: The chicken is fried.





Activity 10

Complete the idioms in the sentences with suitable expressions.

- 1. All my mates like junk food, but it's not
.....**
- 2. She is the of her father's**
- 3. He's a real and spends all day in front of the TV.**
- 4. Daphne has a and eats three bars of chocolate a day.**
- 5. Some people are happy eating the same thing all the time but for me variety is the
.....**
- 6. We were planning a secret**

dinner party for mum, but my little brother and the surprise was ruined.

7. Of course, it isn't hard to make a sandwich. It's a

.....

8. She teaches some students privately but her..... is her job in the school.

9. The meat caught fire but dad remained and sorted everything out.



Activity 11



Tiramisu



Rice pudding



Risotto

Guess the food

A. When it is cooked, the rice is first cooked briefly in butter or olive oil until evenly coated and the rice starts to turn translucent, before broth is added, one ladle at a time. There are other similar dishes, but they should not be called “.....” if the rice is not toasted.

B. The biscuits are sprinkled with or briefly soaked in a mixture of

coffee, rum, and sugar. They are layered with a mixture of cheese and a custard made from egg yolks, Marsala, and sugar. Cocoa powder is then sprinkled on top. The recipe has been adapted to make cakes, puddings, and other varieties of dessert. Other flavors are often used now in place of coffee, including strawberry, lemon, or chocolate.

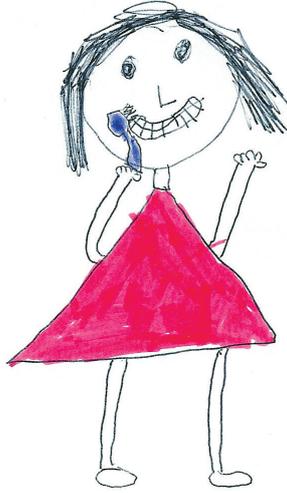
C. It is a dessert enjoyed by people of different cultures all over the world, originating in Asia. It is made by combining rice with a sweetener and other ingredients often including milk. The pudding is usually partially cooked on top of the stove in a pan, and then “finished” in an oven.

Activity 12

Read the newspaper headlines and write out the full sentence about what happened.

- **Wild elephants electrocuted after drinking rice beer**
- **New food rules announced by school head**
- **Possible closure of fast food chain**
- **New chip bans from next month**
- **Fast food outlet found guilty of serving bad meat**
- **Bad diet linked to obesity**
- **Diet choices 'written in genes'**
- **Sweet tooth determined by bacteria**

I Brush My Teeth Twice A Day.

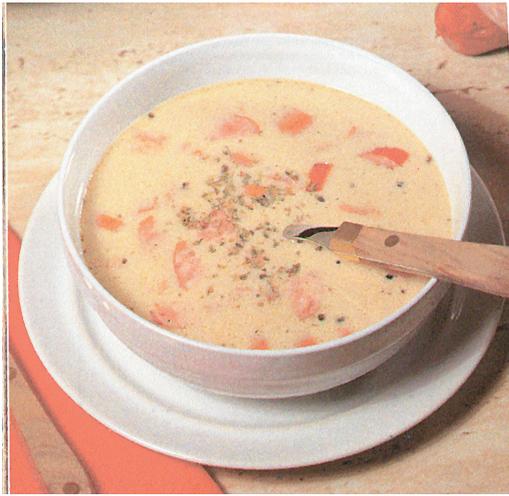


Activity 13

Match the food to a country.

**Japan Poland China Ethiopia
Russia India Ireland Turkey
Jamaica Mexico**

- | | |
|-----------------------|--|
| 1. Doro Wat | a. light dishes to go with tea |
| 2. Jerk fish | b. pieces of raw fish on fried rice |
| 3. Taco | c. bread made with lemon rind |
| 4. Borscht | d. fried pork and chili powder |
| 5. Kolache | e. a beef-filled tortilla |
| 6. Stew | f. beef and vegetables baked in an oven |
| 7. Vindaloo | g. soup made with beetroot |
| 8. Shish kebab | h. steamed dumplings |
| 9. Sushi | i. chicken stewed in red pepper |
| 10. Dimsum | j. grilled meat over coals of wood |



Activity 14

Match each column to form a correct fact.

Example.

Stew - Ireland - beef and vegetables
baked in an oven



Activity 15

Use the completed chart in Activity 13 to make two statements about each food using the following example.

Stew is baked in an oven. It is eaten in Ireland

Activity 16

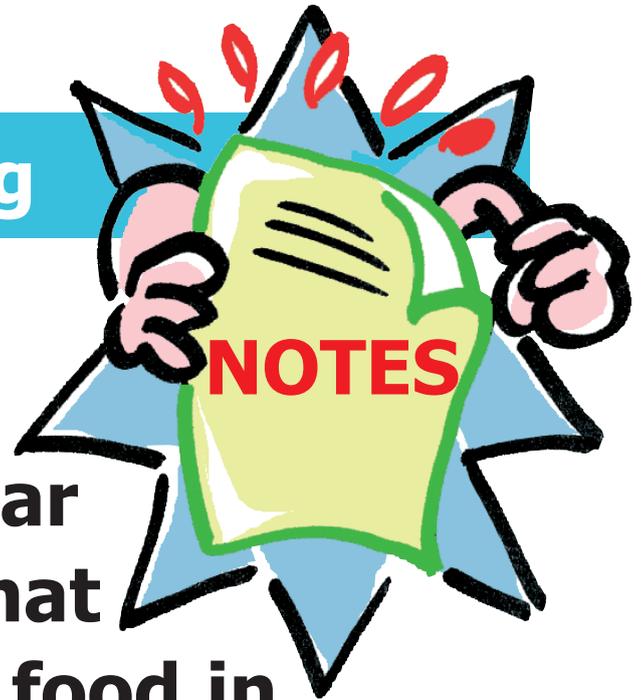
Think as a Greek person and add a comment about the food. For example:

'I would/ wouldn't enjoy eating this kind of food because it is very sweet'.



Activity 17 - Writing

Task



We would like to hear from our readers what they feel about fast food in Greece today. In what ways has fast food changed the eating habits of many people in Greece?

- places to hang out
- quick
- tasty
- cheap
- clean

You have seen this advertisement in a magazine and you have decided to reply. You have made some notes on what you want to

say. Look at your notes and then write to the magazine, telling them about young people's attitude to fast food.

For example:

Many young people in Greece like to eat fast food today because it is tasty and cheap.

Young people can meet their friends and watch music programmes while they are eating in fast food restaurants.



Activity 18

QUIZ

True / false

1. Wheat was first grown only in Egypt.
2. The workers who built the Pyramids were paid in bread.
3. Bread is used daily by less than a third of the world's population daily.
4. Wheat can be found in every meal.
5. Fuel for cars can be made from sugar.
6. It is known that honey is the only food that cannot go bad.
7. Coffee was first drunk 300 years ago.
8. The name coffee is said to

- come from a Greek name meaning 'food of the Gods'.
9. Olive oil is used to make cosmetics
 10. Greece has more varieties of olives than any country in the world.
 11. Sugar can be made into a liquid to cure spots.
 12. Sugar products can be used to cure hair problems.



Activity 19

- a) Which of the quiz questions does NOT use a Passive form?
- b) Which statement in the Quiz has to do with protection of the environment?

Activity 20

Choose one of the statements for a title for a class discussion on Food from around the world. Make a list of the different topics to be discussed. Create a poster for your class.



小集市大精彩



集市不光是买卖地

来自美国的设计师 Brittany, 是个疯狂的集市爱好者。对她而言, 集市不光是个买与卖的交换场所, 它充满人情世故、美食特产, 五颜六色而又五味杂陈。如果要深入了解一块地盘的核心文化, 集市无疑是最佳途径。

Brittany 对集市的痴迷甚至为了收集世界各地集市的照片, “转转为” 建立一个叫做 AVO 的网站。Brittany 告诉记者, AVO 取的是 avocado (鳄梨) 的前面三个字母, 她在危地马拉亲眼看见小贩起了大早, 从山上起来把刚从树上采摘下来的鳄梨运往集市。

危地马拉的集市也是留给 Brittany 最深印象的集市之一, 最梦幻感多彩, 一副五官完全不够用, 食物的香气和手工编织的艳丽互相辉映。而提到最难忘的食物, 要数俄罗斯了。小贩递给 Brittany 一块嫩色的蜗牛汤汤, 再递来几根牙签, 用牙签挑光蜗牛肉, Brittany 还嫌不过瘾, 甚至把蜗牛汤汁也喝到底朝天。作为一个勇于尝试美食的女人, Brittany 甚至连广州的水钵蟹也敢去吃。

拍客档案

姓名: Brittany Kleinman
职业: 设计师
网站: www.avoavo.com



- 1 摩洛哥集市欢歌笑语
- 2 危地马拉集市艳丽动人
- 3 伦敦跳蚤市场
- 4 爱彼得堡卖调味料的妇人
- 5 香港卖鸡蛋的老伯

整形外科
美容外科
美容皮肤科

上海康奥医疗美容医院

联系电话 ▶

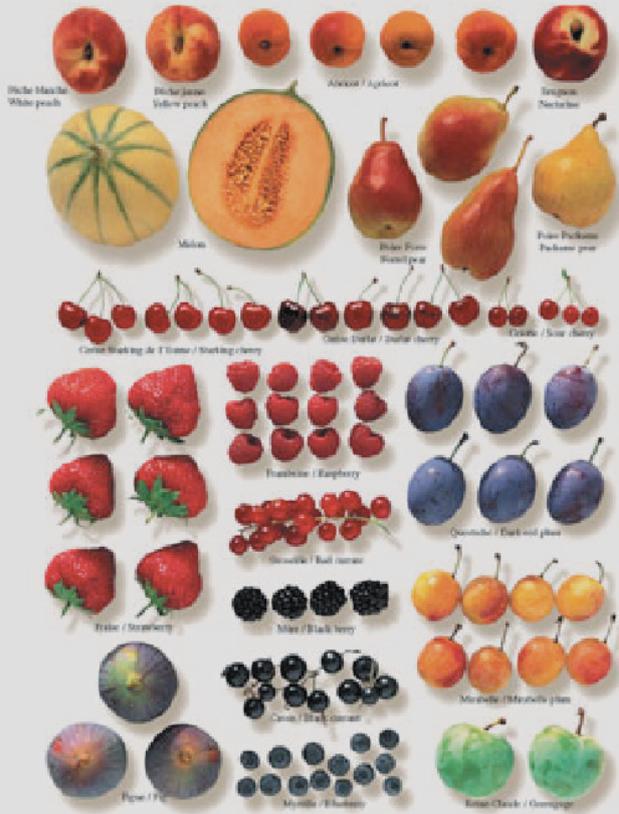
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62895165

地址: 上海市新闸路1423号

接诊时间: 8:30-17:00 节假日不休
 上海康奥医疗美容医院 上海广汇医疗美容门诊部
 上海康奥医疗美容门诊部 上海广汇医疗美容门诊部

Food Market

FRUITS D'ÉTÉ / SUMMER FRUIT



FRUITS
D'ÉTÉ /
SUMMER
FRUIT



Revision test

Activity 1

Complete each of the sentences with the appropriate verb in the box in the correct form.

**express
represent
feel
tell
redecorate**

a) Interior home designers feel that red energy and life.

- b) Normally, you can
..... a great deal
about someone from the colours
they wear.**
- c) George a positive
attitude towards his design
classes.**
- d) My friend Debbie has decided
to her room as
she doesn't like her pink walls
anymore.**
- e) The colours we choose in our
lives help us to in
tune with our environment and
our emotions.**

marks / 5

Activity 2

Complete the sentences with the correct verb in the box in the correct form.

turn dress slow jazz shy

- 1. Helena wanted to
up her room so she painted all
the walls a different colour.**
- 2. When I wear a fancy dress
costume, I can't walk very fast
as it me down.**
- 3. Penny doesn't like paint and
prefers to away from
helping her father when he is
redecorating her room.**

4. What are you going to
..... up as for the
carnival?

5. Everyone up at
8 o'clock in preparation for the
celebrations.

marks / 5

Activity 3

Make a response to the situations 1-5 by using an idiom in the box.

**Like a black sheep
It's a white elephant
Once in a blue moon
Green with envy
She saw red**

- a) How did your sister react when you spilt paint on her jacket?**
- b) How did the neighbours feel when they saw your new kitchen?**

- c) How often does your dad repaint your bedroom?
- d) Nobody pays any attention to Celia. How does she feel?
- e) What do you think of the new airport in your village?

marks / 5

Activity 4

Complete each sentence by matching the appropriate adjective a-e to each noun in sentences 1-5.

a) ridiculous

b) blonde

c) ornate

d) aristocratic

e) sudden

- 1. My aunt had a
desire to dye her hair black.**
- 2. In Ancient Egypt the ladies wore
..... make-up on their
faces.**
- 3. Some kids wear the most
..... colour T-shirts.**
- 4. Ifigenia has decided to get some
..... highlights in her hair.**
- 5. In the Byzantine Empire, the
..... ladies wore purple
dresses and chlamys.**

marks / 5

Activity 5

Complete each sentence by choosing the correct word a-e from the box.

of by onto into down

- 1. To make olive oil, the olives are ground a paste.**
- 2. You need to apply pressure the top to open the bottle.**
- 3. Many household products are made up chemicals.**
- 4. The water ran the side of the bath when the girl filled it too much.**

5. It's a ground apple but people call it different names.

marks / 5

Activity 6

Complete each sentence with a suitable noun from the box.

piece
variety
product
source
risk

1. Some people say his art is the of a deranged mind.

93 / 88

2. There is a high of heart disease when you eat junk food.
3. The old man was chewing a of sugar cane.
4. The olive oil company has received a of complaints about their oil.
5. The origin of sugar has remained a of fascination for centuries.

marks / 5

Activity 7

Match the verbs on the left to suitable nouns on the right. There are more than one answer for some of the words.

1. relieve

2. produce

3. grind

4. spread

5. apply

a) paste

b) pressure

c) paste

d) rumors

e) olives

1

2.....

3

4.....

5

marks / 5

Activity 8

For questions 1-5 complete the second sentence so that it means the same as the first. Use no more than three words.

1. The farmer grew the olives in the mountain near his house.

The by the farmer in the mountain near his house.

2. Today, people know the ground apple as the potato.

**The ground apple
..... the
potato today.**

3. Sugar is used to make fuel as well as sweets.

Apart sugar is used to make fuel.

4. Greece produces lots of olive oil.

Olive oil

.....

Greece.

5. That restaurant is a bit expensive, so don't go there.

That restaurant is a bit on

....., so don't go

there.

marks / 5

Total marks / 40

97 / 89



APPENDIX

IT'S YOUR CHOICE

UNIT 7

Activity 1

Read the article and answer True (T) or False (F) for the following statements

- 1. Anger is represented by the colour red. []**
- 2. Yellow could be used to describe the way we feel when we are scared. []**
- 3. To be 'green with envy' describes how someone feels when they are in love. []**

4. We use the colour black to describe a world full of colour.

[]

5. When we have 'the blues' we are sad. []

THE PSYCHOLOGY OF COLOUR

The profound effect colour has on our moods, emotions, and behaviour is reflected in the sayings that pepper our everyday language. We unconsciously resort to these to describe how we are feeling or to explain our reaction to something. Using colours that everyone can relate to in these sayings makes them an

extremely effective form of communication.

Purple prose

“Purple prose” describes flowery language, in which the writer gets carried away.



Green with envy

To be “green with jealousy or envy” is to be emotionally out of balance - green is the colour

that holds the balance between the warm or red end of the colour spectrum and the cool or blue end.



Seeing red

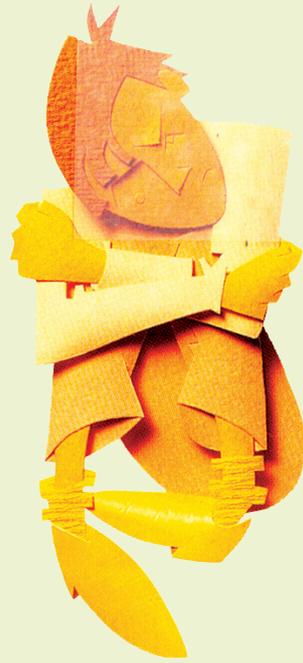
When we say “see red” or “it was like a red rag to a bull”, we are describing a response that is invariably immediate and involves anger or aggression. This is something that is very deeply ingrained in us. If our

ancestors had not met the threat of danger with the will to fight or the strength and speed to run away - the so-called “fight or flight” response - we would not have evolved to the present day.



The blues

When we say we have “the blues”, we are communicating that we are in solitary, introverted mode.



Yellow-bellied

“Yellow” or “yellow-bellied” is often used to describe a coward, someone who will not move to defend himself or someone else.



Black dog

A “colourful character” is someone who has lived a full and interesting life; “colourful language” often includes words of the four-letter variety into which a lot of physical energy is usually put. By contrast, we talk about the “black dog” of depression, using black to describe a world from which all colour, or life, seems to have disappeared.

Activity 2

Read the sentences and replace the words in bold with a suitable phrasal verb.

turn up
jazz up
slow down
shy away from
goes on

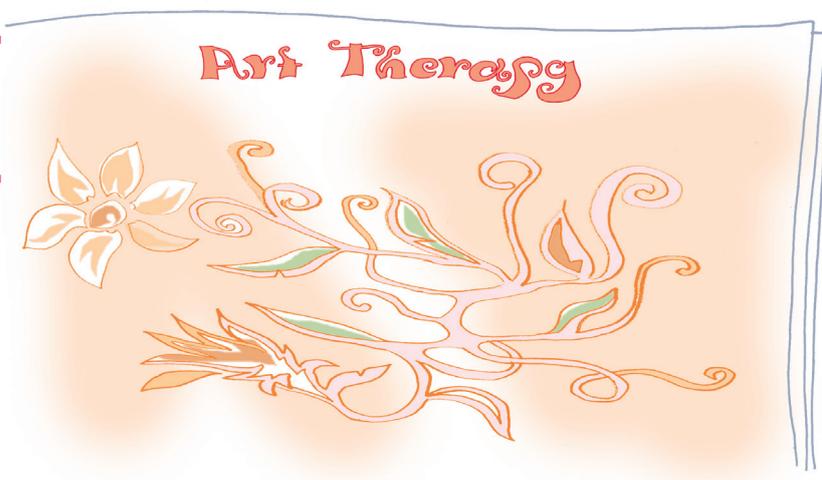
- i) Some young people **don't like** wearing unusually bright clothes.
- ii) We waited for hours for the star to arrive but she **didn't come**.

- iii) You should take your time and not try to do things quickly.**
- iv) Angela painted her room pink and green to brighten up the walls.**
- v) You never know what happens behind your back!**

Activity 3

Match the following Greek sentences to the English summaries below

Art therapy



Art Therapy

- a) Πριν ακόμη αρχίσει ο άνθρωπος να μιλάει, ζωγράφιζε.
- b) Χάραζε σύμβολα στα τοιχώματα των σπηλαίων για να ξορκίσει τους φόβους του, να

- εκδηλώσει την χαρά του, να πάρει δύναμη.
- c) Σήμερα ο άνθρωπος εκφράζεται με πολύ περισσότερα μέσα και αυτό τον έχει απομακρύνει από αυτό τον πρωτόγονο τρόπο επικοινωνίας των συναισθημάτων του.
- d) Οι επιστήμονες όμως θεωρούν ότι αυτός ο τρόπος έκφρασης μπορεί να θεραπεύσει τους ανθρώπους, απελευθερώνοντας τα συναισθήματα, που οι ίδιοι μπλοκάρουν
- e) Έχουν δημιουργηθεί πολλά κέντρα Art Therapy ανά τον κόσμο και στην Ελλάδα.

- i) Today, people express their emotions in many other ways.**
- ii) People used to express their fear, joy and get strength through art.**
- iii) Art Therapy centres exist all over the world today.**
- iv) People painted long before they spoke.**
- v) Scientists now believe that art therapy could be a way to help people.**

a) b) c) d) e)

UNIT 8

Activity 1

Identify which of the two sentences in each pair is in the Passive Voice and write the letter in the spaces below 1-5.

1. a) The cat ate the fish when we arrived
b) The fish was eaten by the cat when we arrived

2. a) A cake was bought for Marina's birthday by her mother.
b) Her mother bought a cake for Marina's birthday.

- 3. a) The cooker is cleaned once a week.**
b) Someone cleans the cooker once a week.
- 4. a) Lunch is being prepared by the cook for the guests**
b) The cook is preparing lunch for the guests.
- 5. a) We know that junk food is unhealthy.**
b) Junk food is known to be unhealthy.

1
2
3
4
5

Activity 2

Circle the correct form of the verbs in italics in the text.

Coffee



Coffee 1. is growing / is grown from the beans that grow in the fruits of the coffee plant. There are usually two beans in each fruit and the harvesting 2 is done / is doing by hand. The word ‘coffee’ derives from the Arabic ‘qahwah’, a word

which 3. was using / was used originally for wine, but which came to mean coffee. In 1600 coffee 4. was believing / was believed by some Christians to be the devil's drink. At first, coffee 5. was selling / was sold by chemists, but it had little impact until the first coffee shop 6. was opened / was opening in 1652 and instructions about how to roast and grind the coffee. In 1657, the King tried to close coffee shops because they 7. were believed / were believing to be noisy. In 1668, Edward Lloyd's coffeehouse opened in London and 8. was drinking / was drunk by merchants Eventually it

became Lloyd's of London, the best-known insurance company in the world. Coffee today 9. can be buying / can be bought worldwide, and is one of the few crops that small farmers in third-world countries can profitably export. They profit from the fact that so much coffee 10. is drinking / is drunk all over the world daily.



Activity 3

Match the two parts of each compound word in box A with those in box B to best complete each of the sentences.

A

**chopped
spilled
roasted
heated
broken
fried**

- 1. We went to KFC and had some
.....**
- 2. I like to eat dolmades with
..... inside the
cabbage leaves.**

3. Thanos wanted some
so he put it in the microwave
oven.
4. You can't make an omelette
without
5. The cat drank the
from the floor.
6. Dad likes to buy from
an old man who sells them near
the beach.

B



**chicken
pie
eggs
mince
nuts
milk**

Activity 4

Use the idioms in the box to complete the sentences 1-6

- a) cool as a cucumber
- b) bread and butter
- c) spilled the beans
- d) couch potato
- e) cup of tea
- f) a piece of cake
- g) sweet tooth
- h) spice of life

1. All my mates like junk food, but it's not my
.....

2. He's a real and

spends all day in front of the TV.

**3. Daphne has a
and eats three bars of chocolate
a day.**

**4. Some people are happy
eating the same thing all the
time but for me variety is
.....**

**5. We were planning a secret
dinner party for mum, but my
little brother
and the surprise was ruined.**

**6. Of course, it isn't hard to
make a sandwich. It's a
.....**

**7. She teaches some students
privately but her.....
is her job in the school.**

8. The meat caught fire but dad remained and sorted everything out.

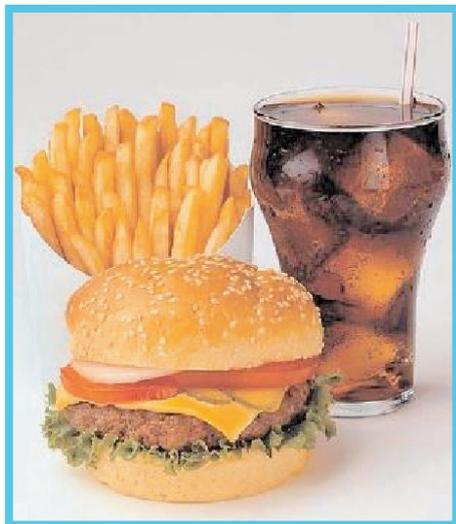


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Βάσει του ν. 3966/2011 τα διδακτικά βιβλία του Δημοτικού, του Γυμνασίου, του Λυκείου, των ΕΠΑ.Λ. και των ΕΠΑ.Σ. τυπώνονται από το ΙΤΥΕ - ΔΙΟΦΑΝΤΟΣ και διανέμονται δωρεάν στα Δημόσια Σχολεία. Τα βιβλία μπορεί να διατίθενται προς πώληση, όταν φέρουν στη δεξιά κάτω γωνία του εμπροσθόφυλλου ένδειξη «ΔΙΑΤΙΘΕΤΑΙ ΜΕ ΤΙΜΗ ΠΩΛΗΣΗΣ». Κάθε αντίτυπο που διατίθεται προς πώληση και δεν φέρει την παραπάνω ένδειξη θεωρείται κλεψίτυπο και ο παραβάτης διώκεται σύμφωνα με τις διατάξεις του άρθρου 7 του νόμου 1129 της 15/21 Μαρτίου 1946 (ΦΕΚ 1946,108, Α').

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